

# ADVANCED NEWSTART



EDUCATIONAL LIFESTYLE MEDICINE PROGRAM  
TO ADDRESS LIFESTYLE CHRONIC DISEASES

## HAVE YOU BEEN WANTING TO:

- ✓ Make positive lifestyle changes
- ✓ Overcome a certain addiction-related to food, media, etc.
- ✓ Achieve optimal health habits

**YOU DON'T WANT TO MISS OUT!**

▶ To get access to meals, join our 7-day Advanced Shape Up or 7-day Advanced Detox programs.

COME JOIN US & DISCOVER A **NEW YOU** IN JUST WEEKS!



100% covered

\$94 copay. Full reimbursement from insurance upon completion of program.

**Register by Apr 2, 2025**  
**April 4 to 10, 2025**

*Your Health  
is Our Mission.*



Guam Seventh-day  
Adventist Clinic

Call (671) 648-2521 to Schedule Appointment | [adventistclinic.com](http://adventistclinic.com)